

Dr. Cohen's Detox & Rebalance Footbath

This is a water based energizing system that creates healing electromagnetic frequencies in a foot bath that are then transferred to your body through the water in the bath.

The machine creates an ionizing process in the water. When your feet are placed in the water, an osmotic condition balancing the positive and negative ions is established, which helps to draw out toxins from the body. Impurities are pulled from the body, improving the body's natural resilience.

There is a noticeable change in the water color from the time the process begins and when the process is complete. What you are actually seeing is the cellular waste & oxidation present in the water. As a result, the body as a whole, is energized and more in balance. The energy fields become stronger and more free flowing, strengthening the body's immune system. You will feel revitalized, lighter feeling, balanced, clarity, healthy and ready to enjoy life!

Gorge Lakhovsky (authored in 1939 "The Secret of Life", cosmic rays and radiation of human beings), theorized that each human cell operates like a tiny battery and when fully charged that cell is able to experience "cell balance" and create a feeling of well being.

Dr. Albert Abrams, (authored "Human Energy"), theorized that a disease condition puts our radioactivity incompatible with the body. He believed you could alter the polarity of the affected cells and restore the electrical balance.

Dr. Royal Rife believed that germs are responsible for creating disease in the body. He had frequencies present in several stages of development, (viral, bacterial, and fungal). He believed that germs have their specific frequency and that their frequencies disrupt the cells natural oscillation. This puts the cells out of balance. He found that when he subjected the germs to the correct short-wave frequencies the germs disintegrated allowing the immune system to heal.

The Science

To answer this question scientifically, all the influences must be discussed. Basically, all ionic footbaths are based on electrolysis of water. In this process there are five influences to note: power level, water type, metal plate alloy content, salt type/additives, and the epidermis of the foot.

The Process

When an ionic footbath array begins its process it attempts to raise the pH of the water from an acidic state to a more alkaline state (*acidic items- coca cola, coffee, pesticides-alkaline items-celery, most herbs, and spirulina*). PH (*potential of hydrogen*) is a measurement of the concentration of hydrogen ions in a solution. The heightened alkalinity of the footbath interacts with the newly soluble items which carry an acidic tendency and "neutralizes" them in the bath. This is similar to pet odor removers (*urine is quite acidic, and the odor product is quite alkaline- they combine and move the wet spot back toward a balanced pH (7.0 is balance between the two)*). Or like baking soda in a refrigerator, the soda is very alkaline so, the smelly oxidative releases of the food breaking down can be absorbed, or "neutralized" by the soda. This is a simplistic version of the process, with all the above factors involved being variables, each session becomes unique to the location and to the person.

This overview is a very basic attempt to explain complex, chemical and atomic level reactions that occur in an ionic footbath. If you are more curious, there is a wealth of information out on the internet and at your local library about these processes.

Power Level

Voltage is a very important part of the issue. Firstly, we need to know that according to The Bohr Model of atomic physics, at least 13.6 Volts needs to be applied to the water to allow for electron jump in the hydrogen atom (released negative ions). Also, it is important to maintain a voltage way above this minimum to create a level of ionization that allows for saturation to occur. Low power levels can produce ionization, but these released ions will recombine as fast as they are produced. Creation of them faster than they recombine is essential; you need a regulating and adjustable source of power. Conversely, providing too much power to the bath can create a tunneling effect in which the flow overcomes the amount of alloy plate surface available and the overall electrolysis effect lowers.

Water

Most all water that comes from a public tap has its own impurities which due to the electrolysis are separated or recombined from their original state of soluble suspension in the water. Common tap water can contain varying amounts of suspended solids such as sodium, lead, calcium, magnesium, manganese, nickel, chlorine, pesticides, herbicides, barium, boron, cadmium, chromium, copper, fluorine, iron, mercury, sulphates, and organic debris. These impurities are found in very small and safe amounts in tap water. In the presence of electrolysis, these impurities clump together to such a size as to be visible. Highly filtered waters such as reverse osmosis, distilled, and drinking often produce much less color and seem to have lower visual activity. They are also not very conductive for the electrical process and require more salt. These types of water actually are not the best choice to produce the ionization the most efficient way.

Alloy Content

All the array plates, rings, etc. on the market are made of an alloy of stainless steel. The process of electrolysis does lots of recombining of molecules. The stainless steel has electrolytic reactions with the actual water, the sea salts, and suspended solids in the water. As the plates break down they recombine with the solids to come out of a soluble state and appear to the eye as debris. The composition of the chosen alloy stains these items and creates a multitude of colors.

Sea Salts/Additives

Sea salt is an integral part of the process. First, it allows for control of the conductivity of the water, more salt, more current; the user can control the rate with the level in the bath. Secondly, its structure allows for the saturation of the bath with ionization. Without the salt, the bath will produce electrolysis but will often not saturate with ionization. Some footbath manufacturers provide salts with minerals added or salts naturally having lots of minerals, this creates many very amazing looking colors above and beyond the colors that naturally occur. This addition of minerals makes the bath very conductive; unfortunately this means very little sea salt is added. With less sea salt there are fewer salt crystals structures in the bath, this can affect overall ionization adversely. Always use a water type and "non-additive" sea salt combination that allows the highest production and retention of ions in the bath. Having to add too much salt to a bath to gain the electrolysis process (low power units) can wear out the array plates/rings too quickly.

Wash Toxins Away

The soles of the feet and armpits are two of the body's discharge pathways for toxins (hence the odor). The use of antiperspirant blocks one of these pathways, and over time can result in an accumulation of chemicals in the body. The feet, being the largest pathway of the body, have been used for centuries to eliminate toxins. Traditionally, feet were placed in salty sand, to detoxify. This method however was effective but slow, and had limitations. The foot bath uses a direct micro-current that is very similar to low voltage electro-stimulation or cold laser, both of which have been proven to increase cellular ATP (stored energy). Introducing this increase in energy stimulates the cells to purge toxins at a much higher rate. The warm salt water is used as a conduit for exchanging ions- in other words the foot bath is like a magnet that energizes the cells and draws out toxic material right before your eyes.

Water, metal and salt will combine to produce a light water color change, as well as objects in the water even without feet being submerged. The 10nChi™ Foot Detoxification Spa neutralizes toxins in the water the same way it neutralizes toxins in the body. Remember, the body itself has high water content, and this is where toxins become isolated. As a general rule, depending on geographical location, about 20 to 40% of what you see in the water after a foot bath comes from regional toxins in the water, and the remaining 60 to 80 % comes from the client's body. Color charts are helpful for estimating what toxins are being pulled from the body, but it is important to remember that there is a great deal happening that is invisible to the eye.

What Others are saying.....

Arthritis and Asthma

A customer had recently retired because of severe arthritis in her hands. After one treatment she was able to open and close both hands. She commented that her pain was 80% better.

After **five treatments**, she had no more pain and 100% mobility back.

She then asked her husband to try the treatments. He had Asthma and used oxygen at night and inhalers during the day. After two treatments he stopped using the oxygen and night and after five treatments was able to quit using the inhalers. He saw a remarkable change in his ability to breathe.

___ *Glen Ohmert, Health Food Store Owner*

Schleroderma

The rebalancing footbath is working for me! I am continuing to respond well to treatments, while only time will tell whether it will cure my schleroderma it has certainly provided more relief than anything else I've tried and healing is very apparent. I would not hesitate in recommending it to other sufferers of this affliction.

Kidneys

I have experienced kidney failure and poor kidney function throughout my life. I obtained an Aqua-Chi machine and had amazing results! Since using the rebalancing footbath I have not had kidney failure. I have been a nurse for 18 years and tried to stay current on whatever could aid my condition. It was this machine that led to my break through for a healthier, happier existence.

I believe that electromagnetic field therapies such as the rebalancing footbath are way ahead of their time and that this technology helps many disorders/diseases. I highly recommend that folks try this out for themselves.

___ *Lori Niell*

I was born with a defect at the base of my right kidney I had surgery after nearly dying from kidney failure. All was well until I took a homeopathic remedy of Silica as I'd forgotten about the shunt that was put in my body. My body then began to reject this shunt and I started to lose vitality and retain fluid. When I went in for a test they found that the ureter had started to shrivel but my bladder was in such bad shape they couldn't see how it held any fluid at all.

Their option for me was to see a neurologist and go on medication...not an option I was willing to consider!

After a few treatments I was able to hold my urine and my vitality began to return. It has been interesting to see the color of the water change and smell the chlorine leaving my body.

I am an organic farmer so I have been able to return to my chores again which is a real blessing. I have recommended the rebalancing footbath to many of my friends and they have all had as dramatic results as myself.

___ *Amandah Jensen, B.C. Canada*

Menstrual Cycle

Prior to using the rebalancing footbath, I had not had a menstrual cycle in three months. I'm only 35 so I knew it couldn't be peri-menopause. After five treatments my menstrual cycle returned to normal. I also noticed less cramping and a shorter cycle also had increased energy and a better mental attitude.

___ *Lori Neil, K. foster*

Candida

I was suffering from Candida overgrowth which was localized in my bladder and uterus. This was the cause of my low energy. After receiving a 35-minute rebalancing foot bath, I felt much stronger.

The therapist and I were shocked to find that the Candida seemed to have cleared out of my bladder and uterus. She stated that she had never seen anyone's energy field shift so dramatically in such a short period of time!

Since using the rebalancing footbath on a regular basis, I have noticed that I have more energy and stamina and that I sleep more soundly.

___ *Larisa McClung*